



P O R T L A N D



PARKS & RECREATION



Youth Basketball 2019

Programs for children in

Kindergarten through 12th Grade!

Registration Deadline is November 22, 2019

Early Bird Special!

Register by November 8th for a
reduced price!



Volunteer Coaches Needed!

(If interested, contact the Parks and Recreation Dept.)
Head Coaches will receive **50% off** registration
fees for one child / Asst. Coaches will receive
25% off registration fees for one child!

Get Active, Get Involved

Register online at

www.portland.recdesk.com

2019 Youth Basketball Registration Form

Portland Parks and Recreation, 265 Main Street ▪ P.O. Box 71 ▪ Portland, CT 06480-0071
 Phone: (860) 342-6757 ▪ Fax: (860) 342-6763 ▪ Hotline (860) 262-7234 ▪ www.portland.reccdesk.com

Registration Deadline (Grades 3-12): Friday, November 22

HOUSEHOLD Information (NOT child's information):			
Parent/Guardian 1 Name:			
Parent/Guardian 2 Name:			
Address:			Town:
Home Phone:	Parent 1 Cell:	Parent 2 Cell:	
Email Address:			
Emergency Contact Name (other than parents)			Relationship:
Emergency Contact Home Phone:			Cell:

Child's Name _____ Date of Birth _____ Gender: _____ Grade _____ Height _____

Please list any medical concerns (i.e. allergies, asthma or special needs) that should be brought to the attention of staff or coaches.

Select Shirt Size (leagues only) Youth: XS S M L **Adult:** S M L XL XXL

PARTICIPANTS IN GRADES 3 through 8: Please circle a minimum of THREE days that your child CAN practice. We will make all attempts to fulfil your choice. We CANNOT guarantee your practice time or team placement requests.

My child IS available to practice on: **MONDAY** **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**
 (Circle at least three days)



Youth Basketball Programs			
All players must bring athletic apparel and sneakers!	Registration Deadline	Early Bird Rate <i>*Ends Nov. 8*</i>	General Fee <i>*Nov. 8 – Nov. 22*</i>
Grades 1 & 2 / 3&4 Clinic	Nov. 29 / Nov. 1		\$20.00 <input type="checkbox"/>
Boys & Girls Grades K & 1	December 27 th		\$45.00 <input type="checkbox"/>
Boys & Girls Grades 2	December 27 th		\$55.00 <input type="checkbox"/>
Boys & Girls Grades 3 – 8 *	*November 22 nd	\$80.00 <input type="checkbox"/>	\$100.00 <input type="checkbox"/>
Grades 9 – 12 *	*November 22 nd	\$80.00 <input type="checkbox"/>	\$100.00 <input type="checkbox"/>



*****PLEASE CONSIDER BECOMING A VOLUNTEER COACH!*****

Head Coaches will receive 50% off and Assistant Coaches will receive 25% off the registration of one child!

Concussion Fact Sheet for Parents: To learn more, go to www.cdc.gov/concussion

Assumption of Liability: I hereby agree to hold harmless the Town of Portland and its agents for any accidental injury caused by participation in any Town of Portland sponsored activities. In signing this form, it is understood that Portland Parks and Recreation Department and the Town of Portland DO NOT assume responsibility for accidents and the participant(s) agree(s) to abide by all rules and regulations set by the Portland Parks and Recreation Department. I give permission for the child(ren) to be treated by qualified medical personnel in the event that the above named parent/guardian/emergency contact cannot be reached at the phone numbers provided. The Parks & Recreation Department reserves the right to photograph program participants for publicity purposes such as website, brochures, social media and/ or flyers. The Parks & Recreation Department has the right to cancel any program if the minimum participation has not been met.

Parent Guardian Signature: _____ Date: _____

OFFICE USE ONLY:

TEAM: _____ COACH: _____



Volunteer Basketball Coach Application

Please submit to the Parks & Recreation office no later than Friday, November 8, 2019

It is the Town's policy to provide a safe environment and therefore shall perform a criminal history background check on each Youth Basketball Coach Applicant. By completing this form you are consenting to a criminal history background check. Completion of a form does not guaranteed placement

COACH INFORMATION

Name: _____ Email: _____

Are you at least 18 years of age? Yes _____ No _____ Shirt Size: _____ Social Security #: _____

Address: _____ Town: _____ Zip Code: _____

Home Phone: _____ Cell Phone: _____ Work Phone: _____

Child I wish to coach: _____ Grade: _____ Male / Female

Program you are interested in volunteering for (select all that may apply):

Head Coach Asst. Coach Boys League Girls League
2nd Grade 3rd / 4th Grade 5th / 6th Grade 7th / 8th Grade Grades 9-12

Please list any nights that you ARE available to practice - (no weeknight practice for Kindergarten and grade 1, grade 2 will play on Thursday evenings at Valley View) – practices are held one hour per week / may be scheduled Monday through Friday at 5:00, 6:00, 7:00 or 8:00 PM

Days and times I AM available to coach: _____

If possible, I would like to coach with: _____

Coaches are required to attend the Orientation Meeting prior to the start of the season. Dates are TBD

Please list any certifications you hold that are relevant to this position, include expiration dates (i.e. CPR/ First Aid/ etc.):

Have you ever been convicted of a convicted of law violation other than a minor traffic offense: Yes _____ No _____

If yes, please explain: _____

For purposes of this application, reckless driving, evading responsibility, engaging in pursuit, driving while impaired and driving while intoxicated are not considered minor traffic offenses.

HOLD HARMLESS AGREEMENT

I further release, hold harmless, for myself and for my heirs, assigns, successors, executors, administrators, and legal representatives, agree that I will not sue the Town of Portland, or its agents, servants, or employees, from or regarding any injury or loss to person or property, including wrongful death or emotional injury, that I may sustain while performing community service work for the Town of Portland, even if such injury or loss was caused by the negligence of the Town of Portland or its agents, servants or employees. I do understand that if I am injured while performing assigned work I will report it immediately, but as I am not an employee of the Town of Portland I have no right to claim a worker's compensation injury. Further, that I will be responsible for any medical bills should I become injured. I understand that by signing this form, hereby agree to abide by proper workforce conduct and will conduct myself in a respectful manner while working with Town employees, Town Officials and the general public.

CERTIFICATION

By signing, you are attesting that you have read the above Hold Harmless Agreement

"I certify that all the information submitted by me on this application is true and complete, and I understand that if any false information, omissions, or misrepresentations are discovered, my application may be rejected."

Applicant Signature: _____ Date: _____

Pre-Season Youth Basketball Clinics

Participants of this program will have fun while learning the basics of Basketball. Each session will feature a series of drills and activities to help with skill development and provide instruction.

Fee: \$20

Site: Valley View

Gildersleeve School-

Day: Thursday

Thursday

Date: Dec 5, 12, 19

Nov. 7, 14, 21

Time: Grades 1&2 Girls: 5:00pm – 5:45PM

Grades 3&4 Girls: 5:30pm – 6:30PM

Grades 1&2 Boys: 6:00pm – 6:45PM

Grades 3&4 Boys: 6:30pm – 7:30pm

Instructional K-1 Basketball Program

This co-ed instructional program concentrates on dribbling, passing, and shooting along with small-sided games that are developed each week. Each child will receive a tee shirt Portland residents only. Registration closes once sessions begins!

Fee: \$45.00

Site: Gildersleeve School

Day: Saturday Mornings

Date: January 4th – February 15th

Time: Kindergarten: 8:00-8:45AM

First Grade: 9:00-9:45AM

Instructional 2nd Grade Basketball Program

This instructional program is not co-ed. Concentration is on dribbling, passing, and shooting with a progression into 3 on 3 games. Each child will receive a tee shirt Portland residents only. All participants are encouraged to attend Thursday evening practice sessions! Registration closes once sessions begins!

Fee: \$55.00

Site: Gildersleeve School

Valley View

Day: Saturday

Thursday Evenings

Date: January 4th – February 15th

January 2nd – February 13th

Time: 2nd Grade Boys, 10:00-10:45AM

2nd Grade Girls, 5:00-6:00PM

2nd Grade Girls 11:00-11:45AM

2nd Grade Boys, 6:00-7:00PM

Heads Up Initiative and Concussion Information

To help ensure the health and safety of young athletes, CDC developed the HEADS UP Concussion in Youth Sports initiative to offer information about concussions to coaches, parents, and athletes involved in youth sports. The HEADS UP initiative provides important information on preventing, recognizing, and responding to a concussion. To learn more, go to www.cdc.gov/concussion

LEARN CONCUSSION SIGNS AND SYMPTOMS

SEE FULL LIST OF SYMPTOMS @ www.cdc.gov/Concussion

- Headache
- Dizziness
- Blurred Vision
- Difficulty Thinking Clearly
- Sensitivity to Noise & Light

Youth Basketball Leagues: Grades 3 through 8

Early Bird Registration Rates available through November 8th: **\$80.00 per player**

Registrations will be accepted through November 22nd: **\$100.00 per player**

Registrations submitted after evaluations have taken place will be considered first come first serve dependent on number of players and teams

League play is designed to give Portland children the opportunity to experience and enjoy the game of basketball in a fun and encouraging environment. Each team will be scheduled one practice and game per week. All players will receive a team shirt. Leagues are **NOT** co-ed. You must be a Portland resident and registered with the Portland Parks & Recreation Department to participate on a team.

Practices and games will be an integral part of every grade's league. These different types of play are intended to provide all participants with an overview of the basic rules of basketball and to help develop their skills as an individual and as a team. Players will be distributed into teams following the pre-season evaluations.

- **Grades 3 through 4**
 - Score will NOT be kept in these beginner games and all games will tentatively be played in Portland
- **Grades 5 through 8**
 - Score WILL be kept and some games will be played out of town (dependent upon enrollment)

Player evaluations are highly recommended and attendance is encouraged for all individuals who plan to participate in Youth Basketball. These evaluations give us the best opportunity to see all players demonstrate their abilities and then distribute them to create the most fair and evenly skilled teams possible. Even though we call it an evaluation, the main objective is to get the players into the gym, play basketball, and have some fun! Players who cannot attend evaluations will still be placed on a team. Please refer to the evaluation schedule below for dates and times.

Grade	Date	Time	Location
Grades 3 through 4 Girls	Monday, November 18	5:00 – 6:00PM	Gildersleeve School
Grades 3 through 4 Boys	Monday, November 18	6:00 – 7:00PM	Gildersleeve School
Grades 5 through 6 Boys	Thursday, November 14 Friday, November 15	5:30 – 6:30PM 5:30 – 6:30PM	Portland High School
Grades 5 through 8 Girls	Thursday, November 14 Friday, November 15	6:30 – 7:30PM 6:30 – 7:30PM	Portland High School
Grades 7 through 8 Boys	Thursday, November 14 Friday, November 15	7:30 – 8:30PM 7:30 – 8:30PM	Portland High School

Basketball Grades 9-12

REGISTRATION DEADLINE: November 22nd

*****Per CIAC Regulations** - you cannot play Recreation if you play for Portland High School Basketball!***

Open to all Portland Residents and Portland High School students in grades 9 through 12. Our goal is to give a fun and competitive opportunity to those students who aren't playing High School Basketball. Games may be held out of town dependent on the number of teams & players registered.

Player evaluations will be held the week of December 2nd / Games will begin in January. Coaches needed!

Holiday Happenings!

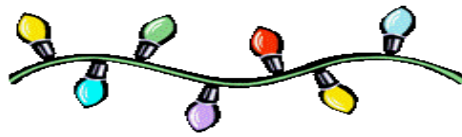
Come and enjoy Portland's Weekend of **Holiday Happenings** for the Family!



Sunday December 8th

Pancake Breakfast at Company #1 Fire House, Middlesex Ave from **7:00 to 11:00**. Your choice all you can eat of Plain, Blueberry & Chocolate Chip Pancakes, Sausage and Beverage. Cost Adults \$6.00, children \$3.00, for each unwrapped toy receive a free breakfast. (Toys will be distributed by Portland Youth Services, throughout Portland)

Santa will be there from **9:00 AM to 11:00 AM** for Pictures with your Children (Take your own or support Portland Youth Services programs and pay \$3.00/picture). Teen Youth Action Council will also be on hand to make crafts with the children.



Holiday Light Parade/ Tree Lighting & Carol Sing

Sponsored by Portland Park & Rec. and Portland Youth Services

Come back downtown at **5:00** to see the Holiday Light Parade. Starting at the Town Hall on East Main St., down Freestone Ave., ending at Brownstone School for the Tree Lighting and Carol Sing. **Special Guest will be Santa.**

If inclement weather please call (860)262-7234 for parade cancellation info.



Portland Historical Society Fundraiser

Jingle & Mingle, a Festival of Wreaths

Wreaths decorated by individuals, businesses and organizations will be on display in the carriage house behind 329 Main St. on Saturday **December 7th** & Sunday **December 8th from 12:00PM to 4:00PM**. Everyone will be able to buy tickets for a chance to win their favorite wreath. Winning tickets will be drawn on Sunday 4:00 pm just before the Holiday Light parade.

Just think all this and you haven't left Portland